

# PUTTING OTHERS BEFORE YOURSELF

By MissHeather



When we hear about what is happening in the world around us we see lots of people who are thinking about themselves. For example, people who are buying lots and lots of toilet paper. We cannot know what is going on in someone's life, so we shouldn't get mad at them for buying toilet paper. We can, however, look at our OWN life and see how we are behaving.

Isolation seems like it would be easy. You get to keep your distance from other people you don't like. You don't have to get up in the morning and go to school. You can watch more TV or play more videogames. You can play with your toys way more often. You are not busy at all.

But, as you probably know, isolation can get: **BORING, LONELY, SAD & HELPLESS.**

Here is a portion of the Bible for us to read. If you have your Bible book, try to find the book of



Philippians. Once you have found Philippians, you need to look for the big number 2. This is called the Chapter. Finally, you will read verses 3 and 4.

Philippians 2:3-4 International Children's Bible (ICB)

*3 When you do things, do not let selfishness or pride be your guide. Be humble and give more honor to others than to yourselves. 4 Do not be interested only in your own life, but be interested in the lives of others.*

One way to help with these things during isolation is to have a **GOOD GOAL** every day. Something to really strive for. Here is a **GOOD GOAL** to use this week!

How can you do this when we are practicing self-isolation at home? We must get creative!

Think of all the people who live in your house or that you see a lot. What are some needs and wants that they have? Does your sister always want you to play Barbie's with her? Does your Dad love it when you make your bed? Is your brother struggling to keep his legos organized? Does your mom love when you read a book to her?

Now, try and put those needs and wants in front of your own. When you get up in the morning, make your bed. Ask your sister if she wants to play with you. Help your brother when it's time to clean his room. When mom looks stressed, ask if she would like you to read to her.

Let's try to not be self-centered, and instead, let's **PUT OTHERS NEEDS BEFORE OUR OWN**. Here's another verse from the Bible to read.

Hebrews 13:16 International Children's Bible (ICB)

*16 Do not forget to do good to others. And share with them what you have. These are the sacrifices that please God.*

